

Sunday after
Epiphany

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Ephesians 4:7-13  
Matthew 4:12-17

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Homily by
Sbdn. Tim Mellor

Epistle Reader:
Ben Dunaway

Coffee Hour Hosts:
Fletes / A & J Temple

St. John Orthodox Cathedral

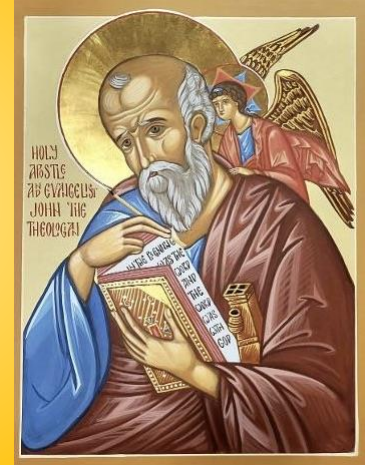
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## Weekly Bulletin

Sunday, January 12, 2025

And the Days Following

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O Apostle John, speaker of Deity, the beloved of Christ our God, hasten to deliver your people powerless in speech, for He on Whose bosom you lean accepts you as an intercessor. Beseech Him, therefore, to disperse the darkness of ignorance and pray for peace and great mercies to be shown upon us.

Parish Events and News



New Date and Time

**Time to “Un-decorate” from Christmas and
Epiphany**

An Enjoyable Event!

**Tuesday Evening, January 14 from 5:30-6:30pm
Soup Provided**

Tuesday evening from 5:30-6:30pm we will take down and store away the Christmas decorations. Ben Dunaway and Macrina Ray will provide soup at 6:30pm for those who come to help. If you come to help, we will get it done quickly and enjoy the time together.

Bake Sale for Women’s Retreat

Sunday, January 19 – During Coffee Hour

The Women’s Retreat committee is hosting a fundraising bake sale Sunday, January 19th during coffee hour. All proceeds will go towards our retreat in February. Bring cash or donate online to Sisters of Mary and Martha on church website. Please consider purchasing some yummy treats to support us, thank you!



Thursday Night Talks Resume This Week

January 16, St. James House – 6:30pm

In our Thursday Night Talks this week, we will discuss the Divine Liturgy, Part 2

Catechesis of the Good Shepherd (Atrium)

12:30pm – 2:00pm

Only Level 2 and 3 will resume this week.

Level 1 will resume the 19th



Women's Retreat 2025

Please join us for the 2025 Women's Retreat! The theme will be "Women's Mental and Spiritual Health". Check the flyer for additional details. The finalized schedule and presenters will be posted in the following weeks. All meals will be provided. We will be collecting all entry fees (\$25 per person) prior to the event. To pay online on the church website please click "Donate: Sisters of Mary and Martha" or clearly labeled "SMMS Women's Retreat" in the tithe box. Please RSVP soon to (907)854-5517. See you soon!

The Sisters of Mary & Martha
2025 Women's Retreat

Presenting on:

Women's Mental & Spiritual Health

February 8th, 2025

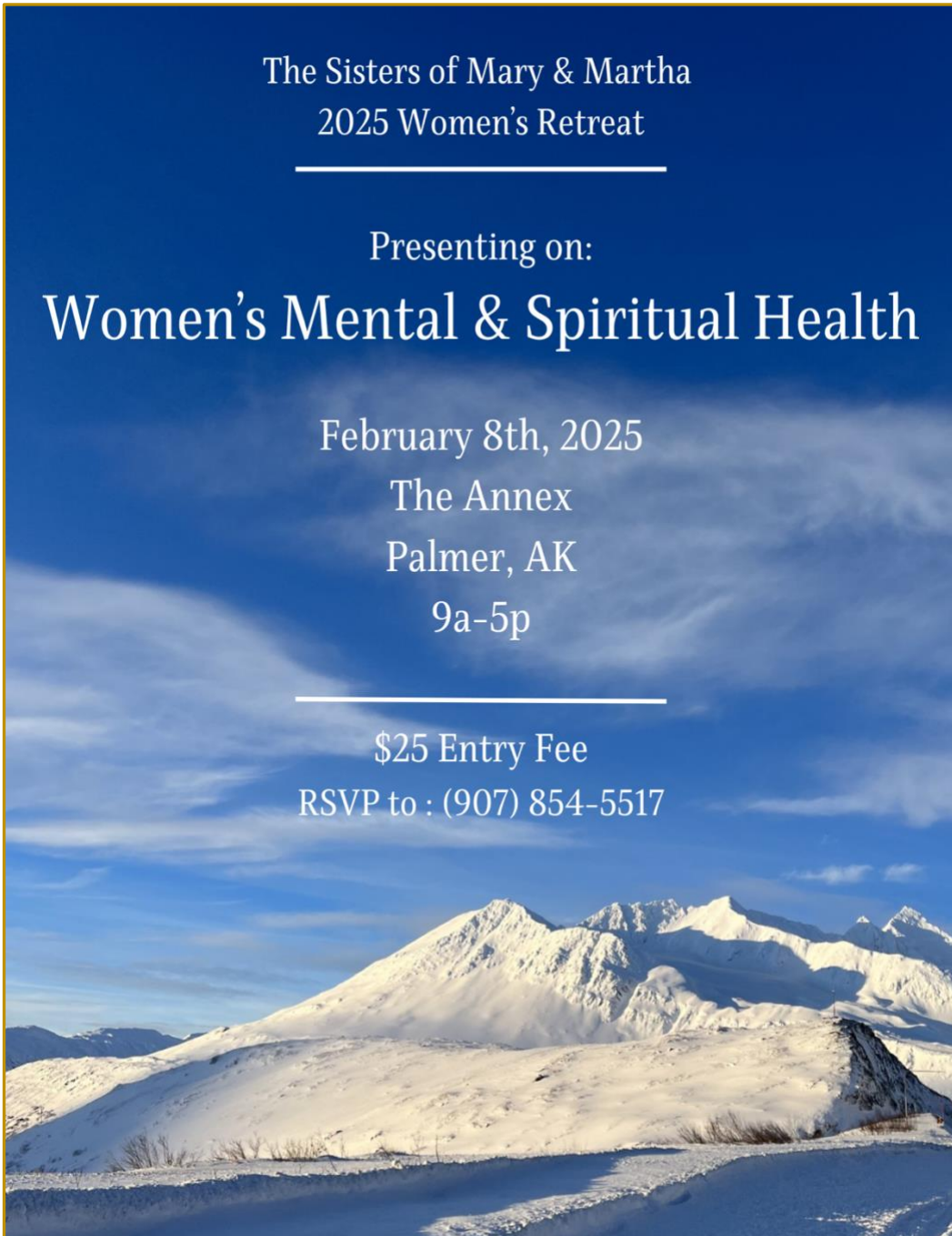
The Annex

Palmer, AK

9a-5p

\$25 Entry Fee

RSVP to : (907) 854-5517





Coffee Hour This Sunday - January 12, 2025 Group B - Second Sunday of the Month

Hosts Families: Fletes / A & J Temple

Snacks: Agnew, Alvarez, Betson, Cain, Davisson, Drennan, B & D Dunaway, J & B Dunaway, Finkler, Grasse, Hoyt, Ihde, Keener, Klatt, Komar, Lineer, Lowry, Moffatt, Peters, Ray, Schlicting, Sluz, Sturdevant, Villafana

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**Next Sunday - Group C - January 19 - Hosts: J & B Dunaway / Komar**

Snacks: Arnold, Curry, Dunham, Fisher, Greene, Hanna, Hawi, Hunter, E & H Johnson, Kelly, Kendall Families, Labrecque, Medders Families, Okuley, Polson, Saur, Scherer, Sparks, Stiehrs, Taylor, Temple Families, Wasile

*Note: I am on vacation - As usual, please find your own replacement if you cannot host (trading with someone usually works). Please let me know when you do trade. - Jennifer Gillquist [jennifergillquist@gmail.com](mailto:jennifergillquist@gmail.com)*

### **“Church Etiquette” Tip of the Week**

*When we gather to worship God, Orthodox Christians are “at home” in the environment of the Church gathering and yet at the same time reverent. These tips on “Church etiquette” explain some of the common customs that contribute to the reverent atmosphere of Orthodox worship. They are intended as guidelines to observe, not as a means to judge one another, which by a higher law we are forbidden from doing. (We will be adding a ‘Tip of the Week’ for the next several weeks in the bulletin.)*

#### **#4: Passing Across the Front of the Church**

If you pass along the front of the Church from one side to the other during a service, it is customary to pause at the center, bow toward the altar, and make the sign of the Cross. One reason this is done is because on the back of the altar is a container in which holy communion is reserved for those who are unable to come to Church because of illness. This container is called a “tabernacle”, and it can take various forms. Pausing in this way acknowledges the holiness of the altar and of the communion which is reserved there. It is good to practice reverence in the Church services. At the same time, it is never good to be showy or dramatic.

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## *News From Our Antiochian Archdiocese*



Writings by Metropolitan Saba: [Baptizing the World, Part One](#)

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## *Notes and Pictures from Parishioners*

### **“Checking In” with Each Other**

Is there something you’d like to share? Please email: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org)

## Thank You...

To the very kind person(s) who sanded our parking area: we are very grateful for your good work! —  
Richard & Linda Peters



## Volunteer Drivers for Oksana to Church Needed

We need drivers for Oksana to attend church with us each Sunday and hope you could help. Please email Dn. Kevin or text me at 907-947-5345 for any Sunday that you could volunteer. **Rides Needed for these dates: January 19, January 26, February 2, February 9, February 16, and March 2**  
**Even if you can do only one way please volunteer. Thank you.**

## Anna Sluz Update

Sending thanks to God for the welcome & love I have received from old friends and dear fellow parishioners in the St. John Cathedral community during these past 6 months since I returned from the monastery in Kodiak. Special gratitude to The Polson's, The Lamb's, and The Stallman's, without whose hospitality, generosity, friendship, & humor I would not have made it through. Indeed, the process of licensure, interviewing, and discerning which employment to pursue has been long and not without its challenges. While I don't know exactly what's in store next as I navigate being in the world again, I finally start work this month as an Alaska-licensed occupational therapist in the Eagle River community. Glory to God in all things! ~Dr. Anna Sluz, OTD, OTL



## Dates to Remember

### Monday 'Moms with Kids' Reading Group

Calling all moms with babies and toddlers! Please join us for reading group on Mondays at 10 AM. We meet at Saint James House in the living room area. Natasha Haines at 907-351-4942.



### Thursday Reading Group

The Thursday 10 am reading group will be meeting at the Senior Center.



### Birthdays This Week

January 13 - Jane Lamb

January 18 - Sarah Curry

January 18 - Hayley Komar

*M A N Y Y E A R S !*





## *Anniversaries this Week*

Eric & Hannah Johnson - January 13, 2010 (15 yrs)

Caleb & Victoria Bower - January 18, 2020 (5 yrs)

*M A N Y   Y E A R S !*



## *Remembering in Prayer...*

*Gwyn Jones  
Joe Dunham  
Sylvia Villafana  
Helen Gillquist  
Kerry Jones*

*Chris Grasse  
Josphine Hanna & her  
family  
Dwight Stallman  
Elisa Betson*

*We continue to pray for all those suffering in Ukraine  
and for all those suffering in Israel and Gaza, for a quick end to  
war and for peace*

## *Remembering Those Who Have Fallen Asleep This Month*



- \* Archpriest Harold Dunaway - January 3, 2012
- \* Kh. Barbara Ann Dunaway - January 25, 2011
- \* Infant Mark David McIlrath - January 25, 1986

*M E M O R Y   E T E R N A L !*

## *Clare House Meal - 4th Saturday of Each Month*

For the Month of **January** – our scheduled meal that we provide Clare House is:  
**Saturday, Jan 25.** Contact Cara Fletes to see how you can help.



### **Bulletin Announcement Guidelines**

Send announcements to church email address: [cathedral@stjohnalaska.org](mailto:cathedral@stjohnalaska.org) Have announcements submitted by Thursday or at very latest Friday 9am. If you have any questions regarding announcements – contact Maris Kelly at the church office. 907-696-2002.

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## THE SYNAXARION



### Tatiana of Rome – January 12

On January 12, we continue to celebrate the Epiphany of our Lord Jesus Christ, and we also commemorate the holy Martyr Tatiana of Rome, the Deaconess, and those with her.

#### Verses

*For Tatiana, who gave glory to God in all things,  
The bright sword gave her head a glorious wreath.  
On the twelfth, they trimmed Tatiana's neck with a  
wreath of glory.*

Tatiana lived during the reign of Emperor Alexander Severus, whose chief assistants persecuted Christians without the emperor's orders. When they brought out the virgin Tatiana for torture, she prayed to God for her torturers. And behold, their eyes were opened, and they saw four angels around the martyr. Seeing this, eight of them believed in Christ, and this caused them to be tortured and slain too. The tormentors continued to disfigure Tatiana, but God sent His angels to the dungeon to encourage her and to heal her wounds. Each morning, Tatiana appeared before the torturers completely healed. Finally, Tatiana and her father were both beheaded in about the year 225. Thus, this heroic woman and those with her were crowned with immortal wreaths of glory.

On this day, we also commemorate the Martyr Peter Absalom of Palestine; Virgin-martyr Euthasia; and Martyr Mertios of Mauretania. By their intercessions, O Christ God, have mercy upon us. Amen.

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### Saint John Orthodox Cathedral

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• Diocesan Website: <http://www.antiochianladiocese.org>  
Antiochian Orthodox Christian Archdiocese  
Pastor: Fr. Marc Dunaway • Assistant Priest: Fr. Robert Polson